



VICTORIA PARK GYMNASTIC & TRAMPOLINE CLUB INC.

Venue - Hall Street Rockhampton
Postal - PO Box 162 Rockhampton Q 4700

ABN 58 996 118 306

Phone - 07 49 225986 Fax - 07 49 222249

Email - vicipark@cqnet.com.au Web: www.vicipark.org.au

July Newsletter

Welcome to Term 3 for 2008!

Vacancies are available in all our programmes if you know of anyone interested in joining an incredibly beneficial and enjoyable sport please contact the club for further details - 4922 5986 or email vicipark@cqnet.com.au

LESSON FEES DUE!

All current gymnasts participating should have received their invoices for term 3 lessons by now. If for some reason you haven't, please make sure you visit the club office and the administrator will print one for you.

NEW EQUIPMENT

Our new equipment has

arrived, thank you to those who were able to assist in the set up. It would be fantastic if we can all keep our new equipment as clean as possible by not entering the white chained area with dirty shoes.

VICI PARK CELEBRATES 21 YEARS IN AUGUST

On Friday evening, August 22, Victoria Park will *celebrate 21 years* of providing our community an excellent gymnastics program, staff, equipment and venue.

Our celebration function will be held the Rockhampton Leagues

Club. Many of our past members have already responded to invitations to attend.

It would be wonderful for our current members to meet our past members who helped shape our club culture and provided us with the developmental experience that current members are reaping the benefits from.

Tickets will be on sale @ \$40/person shortly - two course meal and live entertainment compliments of "Hiplicated". Look out for the advertising at the club. Tickets will be available through the club office only.

If you know past members, please spread the word and encourage them to attend as well.



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Otherwise, feel free to forward addresses of past members to me and I'll happily contact them.

MAKE UP LESSONS

Our per Vic Park club policy, make up lessons are generally only available when an athlete is ill/injured and the VP office is contacted prior to the commencement of their class.

TRAINING DRESS

Parents are asked to pay particular attention to the dress of participants.

All gymnasts need to wear flexible fitting, but not baggy clothing. Sports shorts (not long legged dress or board shorts) and t shirt or singlet for boys - bike pants / crop top or training leotard or

sports shorts & t shirt/singlet for girls.

WAG News

We were pretty busy during the school holidays.



Maddison Black and Nichole Cochrane competed in the Gym Queensland 2008 State Championships. Congratulations to both girls recording personal best performances - Maddison achieved 11th overall in Level 4 (4th floor) and Nicole 4th overall in Level 7 (3rd vault).

Gracemere residents, Taylah Kinsey & Remi Cowan entertained a group of Gracemere Power Kids with a gymnastics display. Thanks & congrats girls! Coaches and athletes are busily finalising

preparation for the '08 **Dolphin Invitational** on July 26th & 27th.

WAG event - Saturday
MAG event - Sunday

Competition convenor still needs your support. Volunteer to assist during the competition - canteen workers, front door admission, table scorers, score flashers.

Many hands make light work - and you could help with the WAG set up on Friday night, MAG set up Saturday night & the reset of the training gym at completion of Sundays events.

Roster on Club Notice Board...please sign on!!!



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Wedding Bells are almost ringing!!

September 06 is the happy wedding day for our WAG head coach Rachel Milner to her fiance Aaron Ganter.

Congratulations and Enjoy!!!

Rachel will be absent from Vici Park for the month of September. Any adjustments to squad training will be notified to relevant gymnasts soon.

MAG News

Three boys represented Vici Park at the recent Junior State Championships. Nathan Seng, Level 5 had a good comp with improved scores, Thomas Hamilton, Level 4 had consistent scores, and Daniel Morris, Level 2

had an excellent comp with a 4th on Floor and placed 14th overall.

Congratulations to the three boys, it's a tough competition, and they all performed so well. Thank you to their coach, Mr Guo, for preparing the boys for this competition.

Good luck to all the boys who have nominated to compete at the Dolphin Invitational & Level Test to be held at Vici Park on 26-27 July.

Once again, I urge all parents to assist with the convening of this meet.

Volunteer yourself - rosters are on club notice board.

TRP News

National Championships

Standout achiever for QLD ~ **6 times National Champion** ~ Riley Glazebrook
Junior Men Trp, DMT & Syn Trp
13/14 Men Trp & DMT, 15/16 Men Syn Trp

Personal best performance, triple medalist ~ Ashleigh Rowe
17+ Women **National champion** TRP
Silver medalist DMT & Syn Trp

Patrick Cooper, **dual gold medalist** ~ Jun Men syn & 15/16 Men syn ~ bronze medalist 15/16 Men DMT.



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Julian Napier ~
National champion
17+ Men Syn Trp &
bronze medalist 17+
Men DMT.

Charlotte Lawrie
bronze medalist 9/10
women DMT.

Jarrood Spear bronze
medalist Senior men
Syn Trp.

★ In extremely
competitive fields of
Australia's best
performers, credible
performances were
recorded by Connor
Vale (finalist Junior &
15/16 men), Luke
MacMaster (15/16
men), Nikita Hackney
& Danielle Hine (11/12
women).

10 gold, 2 silver, 2
bronze medals -
Congratulations kids!!!!

National Club Levels

Great opportunity for Vici
Park to compete in a teams
event.

Trampolinists firstly
compete the eliminations,
as part of the club teams
event, then the finals are
an individual result.

Level 4, 5, 6, 7, 8, 9, 10 -
trampoline, double mini &
tumbling events, for men &
women.

August 30 & 31 -
Ormiston College,
Brisbane.

Eligible trampolinists
should receive invitations,
parents are asked to
consider and respond as a
matter of urgency.
Nominations close July 19.

Team travel &
accommodation -
parents very welcome.

Gracemere Gardens Fete

A small contingent of
trampolinists performed a
trampoline display for an
appreciative and
enthusiastic crowd of fete
goers last weekend.

It quite an ordeal to
perform displays for
community groups,
especially with the
transporting of equipment.

Special acknowledgement
and thanks to Ian &
Blake Glazebrook for
providing manpower &
equipment transport as
well as the manpower
from Jarrood Spear,
Julian Napier, Patrick
Cooper, Allan Hackney &
Frenchie.

Good job & Thanks kids
- uneven ground and glare
from the sun added to the
difficulty of the
performance.

P Passmore



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