



VP Trampoline



Welcome to Term 1 @ Vici Park!!

Trampoline Program Manager & Head Coach ~ Kerry M Smyth email kmsmyth@optusnet.com.au, or phone 49225986.

Please feel free to contact me with any queries that might arise throughout the term.

TRAMPOLINE GYMNASTICS

Competition Calendar

*Pacific Rim International Event Trial
March 05 - Adelaide.

*CQ Qualify Age & Open March 20 - entries closed 19/02/10.

*CQ Levels Interclub March 21 - entries close 05 March.



Invitations are being distributed (handouts and email) to all eligible gymnasts. We actively encourage participation in our competitive events. Please consider carefully. Entries close with the club office FRIDAY 05 MARCH.

*Victorian Age & Open Championships Trial event for Indo Pacific Aust Team - April 03-05, Melbourne VIC.

Competition Uniform

 NEW! NEW!

Available mid March (in time for our first interclub competition) New Girls Sleeveless Leotard.....\$65-\$70 each. TRP competitors will have a choice of two very different sleeveless leotards. Choose wisely, one is glittering maroon velvet with pink and

white trims, the other is metallic hot pink, with pale pink & white trims and diamantees. A sample of both available at the office.

Retaining uniform from 2009 -

State events *Competition* Girls long sleeve maroon leotard, matching bike pants & scrunchie. Boys maroon & white (pink) leotard, maroon longs and shorts. White ankle length socks, white dmt shoes. *March in* club tracksuit, club polo shirt & majority white joggers.

Regional events *Competition* Girls new sleeveless leotard, plus 2009 sleeveless leotard for a transitional period. Boys club singlet, worn with white or maroon sports shorts. White ankle length socks. DMT optional. Club Polo shirt encouraged but optional.

EQUIPMENT

Through the efforts of convening TRP interclubs during 2008 & 2009, we have been able to finance the upgrading of our equipment. ***Thank you to all the invaluable volunteers who have made this possible!!***



NEW! NEW!
13/02 - new GAOFEI Trampoline with flyaway ends.

?????? yet to arrive - new GAOFEI Double Mini Tramp.

In addition, the balance of our insurance claim from 2008 was finalized and on 19/02 we received our new dmt landing mat, complete with new landing markings.

Special thanks to **Riley G, Jarrod S, Pat C, Ashleigh R, Connor V, Meegan & Shane Bartlem, Brad Spear & Les Unwin** for making themselves available on short notice to provide the manpower to undertake the arduous task of getting the new equipment in working order for lessons.

COMPETITION VOLUNTEERS

HELP! HELP!

Our regional competitions are scheduled once in term 1, term 2 & term 3. These events require an incredible team of volunteers, generous to offer their expertise, time and efforts.

The **canteen** is convened for the convenience of all in attendance. Snacks, drinks hot & cold, chips and lollies. Volunteers are needed in approx. 2 hours shifts through Saturday afternoon and all day Sunday.

The **front door admission** calls for a volunteer for each session, so four in total over the two days.

The actual competition requires less support but more specific in experience. Both Trp & DMT need **marshals**. Trp needs **spotters**. The comp needs **scorers**. This year I would like to introduce a **floor manager** to keep the competition running - MC and trouble shooter.

It is important that we provide sufficient support to the canteen and front door firstly - so these areas need to be attended to.

Each comp a request is made for volunteers. Please don't hold off, waiting to see if someone else *might* help, instead be proactive and lead the way, then other may follow!!!

Check the club notice board, lists will be displayed for volunteers to sign on.

GOT A SKILL TO OFFER???

Vici Park currently has several regularly committed volunteers who attend to the day-to-day needs of our club and our programs.

Volunteer administration personnel ~ Volunteer canteen workers ~ Volunteer cleaner ~ Volunteer garden maintenance & Obviously Volunteer management Committee.

We've just had work done by electricians and plumbers - quite costly. As well as volunteers installing our new wall fans!!

If you have a trade or skill and you are willing to assist our club, please let us know so we can establish a list of volunteer tradees, etc. We are realistic and the demands wont be outrageous or repetitive....but a little help now and then would be appreciated.

Wrap up

Trampoline coaches have already been involved in 2 training workshops and the VP 2010 induction.

Next weekend 28/02 approx 10 trp officials will update their first aide with the SMA.

13/14 March four judges will undertake their 2010-2013 National Advance Judges accreditation course.

Participation numbers are excellent in tumblefun & gymfun trp programs. Our after school hours trp programs have limited vacancies. Definitely busy!!! Our trp "School" program is providing coaching for students from RGS, Emmaus College & RHS.

Thanks & Enjoy! Kerry M Smyth